

## BWYDLEN 2016/17 YSGOL HENRY RICHARD 2016/17 MENU

<b>BRECWAST / BREAKFAST</b>	
RÔL BACWN / BACON ROLL	£1.05
GRAWNFWYD / CEREAL	£0.65
TOST / TOAST	£0.40

<b>EGWYL BORE / MORNING BREAK</b>	
RÔL BACWN / BACON ROLL	£1.05
CROISSANT	£0.70
PITSA / PIZZA (ROLL)	£0.65
PICE BACH / WELSH CAKE	£0.45
BARA BRITH	£0.45
TOST / TOAST	£0.40

<b>DIODYDD / DRINKS</b>	
SUDD INNOCENT JUICE	£1.10
SUDD MAMBO JUICE	£0.95
RIBENA 285ml	£0.70
YSGYLAETH / MILKSHAKE	£0.65
DWR POTEL / BOTTLED WATER	£0.65
DIOD FFRWYTH / FRUIT JUICE	£0.65
TE / COFFI - TEA / COFFEE	£0.60
LLAETH / MILK	£0.60

<b>PWDIN / PUDDINGS</b>	
TWYM/OER – HOT/COLD	£1.00
POT FFRWYTHUS / FRUITY POT	£1.00
IOGWRT / YOGHURT	£0.65
CACEN GAWS / CHEESECAKE	£0.65
CACEN SIOCLED / CHOCOLATE CAKE	£0.60
CWSTARD / CUSTARD	£0.55
JELI / JELLY	£0.50
MYFFIN / MUFFIN	£0.50
FLAPJACK	£0.50

<b>PRIF BRYDIAU / MAIN MEALS</b>	
CINIO RHOST (1 LLYSIEUYN) ROAST DINNER (1 VEG)	£2.35
ENCHILADAS	£1.90
PANINI	£1.90
CYRI A REIS / CURRY & RICE	£1.75
SBAGETI BOLOGNESE / SPAG BOL.	£1.75
SWEET& SOUR	£1.75
LASAGNE	£1.55
PEI CARTREF / HOMEMADE PIE	£1.55
CIG PÔB / MEAT BAKE	£1.55
PLETH CIG / MEAT PLAIT	£1.55
PASTICIO	£1.55
PASTA CYW IAR / CHICKEN PASTA	£1.50
WRAPS	£1.45
CAWL	£1.40
BWRGWR MEWN BAP / BURGER IN A BAP	£1.30
COES CYW IÂR / CHICKEN LEG	£1.25
POT SALAD MAWR / LARGE SALAD POT	£1.25
PYSGODYN CYTEW / BATTERED FISH	£1.20
TARTEN SAWRUS / QUICHE	£1.15
GOLWYTHION BACWN/BACON CHOP	£1.00
PITSA / PIZZA (FRENCH BREAD)	£1.00

<b>BRECHDANAU / ROLIAU WEDI LLANW FILLED SANDWICHES / ROLLS</b>	
BAGUETTE – MAWR / LARGE	£1.50 -£1.85
BAGUETTE – BACH / SMALL	£1.20 - £1.45
BRECHDANAU / SANDWICHES	£1.25
RÔL / ROLL	£0.90 - £1.00

<b>ERAILL / OTHER</b>	
TATEN PÔB / JACKET POTATO	£1.05
SGLODION / CHIPS	£1.05
WY SCOTCH EGG	£0.95
RHÔL SELSIG / SAUSAGE ROLL	£0.95
SGLODION (BACH)/ CHIPS (SMALL)	£0.95
BWRGWR / BURGER	£0.80
DARN CAWS / CHEESE PORTION	£0.60
LLYSIEUYN / VEG	£0.55
FFA PÔB / BAKED BEANS	£0.55
TATWS / POTATO	£0.50
POT SALAD BACH / SMALL SALAD POT	£0.50
DARN PYSGODYN/ FISHFINGER	£0.40
SELSIG / SAUSAGE	£0.40
PWDIN SWYDD EFROG / YORKSHIRE PUDDING	£0.30
STWFFIN / STUFFING	£0.20
SAWS CYRI / CURRY SAUCE	£0.20
CAWS TRIONGL / CHEESE TRIANGLES	£0.20
SAWS / SAUCE	£0.10
FLORA	£0.10
JAM	£0.10
FINEGR / VINEGAR	£0.10

**Cinio Am Ddim £ 2.35 (gyda llaeth neu ddŵr yn unig.  
Bydd diodydd eraill yn cael ei godi ar wahân)**

**Free School Meals £2.35 (with milk or water only. Other drinks will be charged separately)**